



**NCIDU**

# 2009 National Conference on Injecting Drug Use

**Monday 26th and Tuesday 27th October**

The Radisson SAS Hotel, Glasgow, Scotland

**Pre-conference registration:**

Sunday 25th October 7.30 pm to 9.30 pm

## Programme and floor plan

Abstracts for all presentations are on the  
conference website at [exchangesupplies.org](http://exchangesupplies.org)

**Please note that there may be high levels of demand for some parallel sessions.**  
If there is something you particularly want to see you are strongly advised to arrive early.

# Monday – Programme | 26th October 2009

Chair: <b>Dawn Griesbach</b> , Griesbach & Associates, Crieff, Perthshire	
9.00	<b>Registration</b>
10.30	<p>Main Hall</p> <p><b>The launch of the 2009 'Shooting Up' report</b>  <b>Vivian Hope</b>, Senior Lecturer, Centre for Research on Drugs and Health Behaviour and the London School of Hygiene and Tropical Medicine and <b>Elizabeth Allen</b>, Senior Researcher and NESI Project Manager, Institute for Applied Social and Health Research, University of the West of Scotland, Paisley</p>
10.55	<p><b>Developing effective services for injectors of crack cocaine</b>  <b>Louise Wilkins</b>, Drug Worker, The Health Shop, Nottingham</p>
11.20	<b>Coffee</b>
11.50	<p><b>Parallel sessions</b></p> <p>Main Hall</p> <p><b>Used works: risks, returns and litter</b>  Chair: <b>Alan Neill</b>, Harm Reduction Officer, Manchester Drug Service</p> <ol style="list-style-type: none"> <li><b>Risk aspects of used works</b>  <b>Robert Heimer</b>, Professor, Department of Epidemiology and Public Health, Yale University School of Medicine, Connecticut, USA</li> <li><b>Returns, drug litter and needle exchange</b>  <b>John Bolloten</b>, Needle Exchange Co-ordinator, City Of Bradford Metropolitan Council</li> <li><b>Public injecting sites and drug related litter: formal responses and informal practice in Plymouth</b>  <b>Stephen Parkin</b>, PhD Candidate, University of Plymouth</li> </ol> <p>For sessions running parallel to this see page 3</p>
12.50	<p><b>Lunch</b></p> <p>Poster presentations 1.15 pm to 1.45 pm – presenters to be by their posters to discuss their work with delegates  Film festival in Hall 2 at 1.10 pm – see page 9 for details</p>
1.50	<p><b>Parallel sessions</b></p> <p>Main Hall</p> <p><b>'Your DVT is in the post': femoral injecting, DVTs and needle size</b>  Chair: <b>Danny Morris</b>, Independent Trainer and Consultant, Hereford</p> <p><b>Allison Downing</b>, Specialist Harm Reduction Worker, Project 6, Keighley</p> <p>For sessions running parallel to this see page 4</p>
2.50	<p><b>Coffee</b></p> <p>Film festival in Hall 2 at 3.00 pm– see page 9 for details</p>
3.20	<p>Main Hall</p> <p><b>Naloxone</b>  <b>John Strang</b>, Professor in Addiction Research and Director of the National Addiction Centre, Institute of Psychiatry, London</p>
3.45	<p><b>Provision of foil in Sheffield via needle exchange services</b>  <b>Anne Boid</b>, Needle Exchange Worker, Turning Point Adult Treatment Services, Sheffield</p>
4.10	<p><b>Crack pipes</b>  <b>Mick Webb</b>, Stimulant Worker, Drugs and Homeless Initiative (DHI), Swindon</p>
4.35	<b>Welcome to the city from the Lord Provost of Glasgow</b>
4.45	<b>Movement break</b>
5.00	<b>National Needle Exchange Forum (NNEF) open session</b> – see page 5 for details
6.00	<b>Conference drinks reception</b>
6.00	<b>International Harm Reduction Association (IHRA) session</b> – see page 5 for details
7.15	<b>Close</b>

# Monday – Morning parallel sessions

11.50	Parallel sessions
Main Hall	<p><b>Used works: risks, returns and litter</b> Chair: <b>Alan Neill</b>, Harm Reduction Officer, Manchester Drug Service</p> <ol style="list-style-type: none"> <li><b>1. Risk aspects of used works</b> <b>Robert Heimer</b>, Professor, Department of Epidemiology and Public Health, Yale University School of Medicine, Connecticut, USA</li> <li><b>2. Returns, drug litter and needle exchange</b> <b>John Bolloten</b>, Needle Exchange Co-ordinator, City Of Bradford Metropolitan Council</li> <li><b>3. Public injecting sites and drug related litter: formal responses and informal practice in Plymouth</b> <b>Stephen Parkin</b>, PhD Candidate, University of Plymouth</li> </ol>
Hall 2	<p><b>Preventing or reducing injecting: a review of the evidence on route transitions and reflections on 20 years of promoting the transition away from injecting heroin in the Netherlands</b> <b>Jamie Bridge</b>, Project Development Officer, IHRA and <b>John Peter Kools</b>, Consultant on Drug Use, HIV and Harm Reduction, Amsterdam, Netherlands</p>
Room 1	<p><b>‘Legal highs’ – legal alternatives to illegal drugs</b> <b>Renato Masetti</b>, DAAT Training Co-ordinator, Suffolk DAAT</p>
Room 2	<p><b>Harm reduction and new/social media</b> <b>Nigel Brunson</b>, Trainer and Blogger, injectingadvice.com and <b>Allison Downing</b>, Specialist Harm Reduction Worker, Project 6, Keighley</p>
Room 3	<p><b>Groin injecting and harm reduction</b> Chair: <b>Frank Henderson</b>, Team Manager, Surrey Harm Reduction Outreach Team</p> <ol style="list-style-type: none"> <li><b>1. Reduction of groin injection within the supervised injecting clinic</b> <b>Clare Morgans</b>, Senior Registrar in Addictions and <b>Anne Hurwood</b>, Substance Misuse Nurse, RIOTT Clinic, Tees Esk and Wear Valleys NHS Foundation Trust</li> <li><b>2. LARK to hiwecanhelp</b> <b>Roweena Russell</b>, Harm Reduction Strategy Manager, North Tyneside DAT, Tyne and Wear</li> </ol>
Room 4	<p><b>The benefits of paramedic involvement in overdose management training</b> <b>Lisette Abrahams</b>, Centre Manager, Surrey Harm Reduction Outreach Team and <b>Verity Snook</b>, Clinical Education Manager, Paramedic Higher Education Team, South East Coast Ambulance Service</p>
Room 5	<p><b>User involvement in Walsall ‘Hi’s n Lows’</b> <b>Tracey Gibbs</b>, Project Manager and <b>Philip Mason</b>, Team Leader, Hi’s n Lows, Walsall</p>

# Monday – Afternoon parallel sessions

1.50	Parallel sessions
Main Hall	<p><b>‘Your DVT is in the post’: femoral injecting, DVTs and needle size</b>            Chair: <b>Danny Morris</b>, Independent Trainer and Consultant, Hereford  <b>Allison Downing</b>, Specialist Harm Reduction Worker, Project 6, Keighley</p>
Hall 2	<p><b>Heroin overdose and use of naloxone</b>  <b>Soraya Mayet</b>, Consultant Psychiatrist in Addictions, <b>Clare Morgans</b>, Senior Registrar in Addictions, Tees Esk and Wear Valleys NHS Foundation Trust and <b>Anna Williams</b>, Researcher, National Addiction Centre, Institute of Psychiatry, London</p>
Room 1	<p><b>Spot on? The pros and cons of BBV blood spot testing</b>  <b>Norma Westland</b>, Senior Addictions Nurse, Cameron Hospital, NHS Fife Addiction Services</p>
Room 2	<p><b>DAAT funded research, indoor injecting environments and community sharps bins</b>            Chair: <b>Kim Clarke</b>, Specialist Clinical Governance and Improvement Manager, South London and Maudsley NHS Foundation Trust</p> <ol style="list-style-type: none"> <li><b>How DAATs can fund directly relevant drug related research and contribute to knowledge</b>  <b>Gary Wallace</b>, DAAT Manager, Plymouth Drug and Alcohol Action Team and <b>Ross Coomber</b>, Reader in Sociology, University of Plymouth</li> <li><b>Resituating the ‘Shooting Gallery’: indoor drug injecting environments in the South West of England</b>  <b>Stephen Parkin</b>, PhD Candidate, University of Plymouth</li> <li><b>Community sharps bins: a public health solution to drug related litter</b>  <b>Lloyd Baron</b>, IAD Researcher, Centre for Public Health, Liverpool John Moores University</li> </ol>
Room 3	<p><b>Naloxone and carer support</b>            Chair: <b>Peter Furlong</b>, Liverpool PCT</p> <ol style="list-style-type: none"> <li><b>Empower yourself with naloxone – moving forward with naloxone prescribing in Southwark, London</b>  <b>Mags O’Sullivan</b>, Senior Substance Misuse Nurse, Blackfriars Community Drug and Alcohol Team, South London and Maudsley NHS Foundation Trust</li> <li><b>Education and empathy, not tea and sympathy</b>  <b>Keely Glithero</b> and <b>Lisette Abrahams</b>, Centre Managers and <b>Yvonne Bryant</b> and <b>Pat Lambert</b>, Parents, Parent/Carer Support Group, The Xchange, Surrey Harm Reduction Outreach Team</li> <li><b>LARK to hiwecanhelp</b>  <b>Roweena Russell</b>, Harm Reduction Strategy Manager, North Tyneside DAT, Tyne and Wear</li> </ol>
Room 4	<p><b>Welfare reform: what does that really mean?</b>  <b>Niamh Eastwood</b>, Deputy Director and Head of Legal Services, Release, London</p>
Room 5	<p><b>Peer-delivered needle exchange: the role of social networks in accessing injecting equipment and the implications for harm reduction interventions</b>            Chair: <b>Neil Hunt</b>, Freelance Researcher, Kent  <b>Lloyd Belcher</b>, University Lecturer, Thames Valley University, London</p>

# Monday – Evening sessions

## 5.00 Evening session

Hall 2

### National Needle Exchange Forum open session

**'From peer to infinity' – engaging peers as partners in needle exchange delivery**

Speakers: *The Gold Standard Team*

- 1. Deploying peer based needle exchange as an integral part of harm reduction services – a drug service manager's view**  
*Mat Southwell*
- 2. From underground peer needle exchange to professional partnerships – the drug user group experience**  
*Tam Miller*
- 3. From demons to angels – the role of drug dealers in delivering peer needle exchange**  
*Nikki Coe*



## 6.00 Evening session

Hall 2

### Addicted to news:

**How do we guide responsible media reporting on opioid dependence?**

*Gerry Stimson, Executive Director, International Harm Reduction Association and*

*Ben McCarthy, Media Consultant and Former Network News Reporter for BBC, Sky and ITN*

**Drinks and a light buffet will be available**



# Tuesday – Programme | 27th October 2009

Chair: **Carole Hunter**, Lead Pharmacist, Glasgow Addiction Services

8.00	<b>Registration</b>
9.00	<p>Main Hall</p> <p><b>Priorities for primary prevention of new hepatitis C infections</b>  <i>Matthew Hickman</i>, Reader in Public Health and Epidemiology, Department of Social Medicine, University of Bristol</p>
9.25	<p><b>Trends in injecting performance and image enhancing drugs in the UK</b>  <i>Jim McVeigh</i>, Head of Substance Use, Centre for Public Health, Liverpool John Moores University</p>
9.50	<p><b>Scottish hepatitis C action plan: a blueprint for the UK</b>  <i>David Goldberg</i>, Consultant Epidemiologist, Health Protection Scotland, Glasgow</p>
10.15	<p><b>Coffee</b>  <b>Film festival</b> in Hall 2 at 10.30 pm – see page 9 for details</p>
11.00	<p><b>Parallel sessions</b></p> <p>Main Hall</p> <p><b>‘Damn statistics, damn lies and damn headlines’: research, the media, policy, and practice</b>  <i>Jim McVeigh</i>, Head of Substance Misuse, <b>Lloyd Baron</b>, IAD Researcher and <b>Martin Chandler</b>, IAD Database Manager, Centre for Public Health, Liverpool John Moores University</p> <p>For sessions running parallel to this see page 7</p>
12.00	<p><b>Lunch</b>  <b>Poster presentations</b> 12.25 pm to 12.55 pm – presenters to be by their posters to discuss their work with delegates  <b>Film festival</b> in Hall 2 at 12.25 pm – see page 9 for details</p>
1.00	<p><b>Parallel sessions</b></p> <p>Main Hall</p> <p><b>Hep C testing: an essential service!</b>  Chair: <b>Matthew Hickman</b>, Reader in Public Health and Epidemiology, Department of Social Medicine, University of Bristol</p> <ol style="list-style-type: none"> <li><b>1. Dried blood spot testing: pre test counselling essentials and setting up a testing service</b>  <i>Siobhan Fahey</i>, Association of Greater Manchester PCT’s Hepatitis C Strategy (Programme Manager), Public Health Directorate, Manchester</li> <li><b>2. Dried blood spot testing and care pathways</b>  <i>Noel Craine</i>, Research Scientist, National Public Health Service for Wales, Bangor</li> </ol> <p>For sessions running parallel to this see page 8</p>
2.00	<b>Movement break</b>
2.10	<p>Main Hall</p> <p><b>Blood borne virus transmission amongst injecting drug users</b>  <i>Robert Heimer</i>, Professor, Department of Epidemiology and Public Health, Yale University School of Medicine, Connecticut, USA</p>
2.55	<p><b>Using ultrasound as a tool for helping femoral injectors</b>  <i>Richard Senbanjo</i>, Clinical Director, Community Drug Services, KCA, Kent</p>
3.30	<b>Close</b>

## Tuesday – Morning parallel sessions

11.00	Parallel sessions
Main Hall	<p><b>‘Damn statistics, damn lies and damn headlines’: research, the media, policy, and practice</b>  <i>Jim McVeigh</i>, Head of Substance Misuse, <i>Lloyd Baron</i>, IAD Researcher and  <i>Martin Chandler</i>, IAD Database Manager, Centre for Public Health, Liverpool John Moores University</p>
Hall 2	<p><b>Using film to communicate key overdose messages.</b>  <b>‘Overdose – a retrospective’, ‘OD training – user’s cut’ and ‘Mr Mange goes over’</b>  <i>Jon Derricott</i>, Exchange Supplies</p>
Room 1	<p><b>If repeal of drugs prohibition is the future, how can practice match up today?</b>  <i>Mike McCarron</i>, Board Member, Transform Drug Policy Foundation Scotland, Glasgow</p>
Room 2	<p><b>Prison NSP, single use filters, and ‘Break the cycle’</b>            Chair: <i>Frank Henderson</i>, Team Manager, Surrey Harm Reduction Outreach Team</p> <ol style="list-style-type: none"> <li><b>1. Prison needle exchange in the UK – why not?</b>  <i>Susan Wighton</i>, Senior Lecturer Addictive Behaviours, Glyndwr University, Wrexham</li> <li><b>2. The use of sterifilt, a sterile single use filter, in relation to the drug injected</b>  <i>Lenneke Keijzer</i>, Study Lead, Apothicom, Paris, France</li> <li><b>3. ‘Break the cycle’ – initial results from a two year project in Aberdeen</b>  <i>Simon Pringle</i>, Drugs Worker Supervisor, Drugs Action, Aberdeen</li> </ol>
Room 3	<p><b>BBVsim – introducing a computer model of blood borne virus epidemics</b>  <i>Andrew Preston</i>, Exchange Supplies, <i>Neil Hunt</i>, Freelance Researcher and  <i>Edmund Chattoe-Brown</i>, Lecturer, Department of Sociology, University of Leicester</p>
Room 5	<p><b>Where does it all lead? – a long term study of injecting drug users</b>  <i>Roy Robertson</i>, General Practitioner, Muirhouse Medical Group and Clinical Reader,            Department of Community Health Science, University of Edinburgh</p>

## Tuesday – Afternoon parallel sessions

1.00	Parallel sessions
Main Hall	<p><b>Hep C testing: an essential service!</b> Chair: <b>Matthew Hickman</b>, Reader in Public Health and Epidemiology, Department of Social Medicine, University of Bristol</p> <p><b>1. Dried blood spot testing: pre test counselling essentials and setting up a testing service</b> <b>Siobhan Fahey</b>, Association of Greater Manchester PCT's Hepatitis C Strategy (Programme Manager), Public Health Directorate, Manchester</p> <p><b>2. Dried blood spot testing and care pathways</b> <b>Noel Craine</b>, Research Scientist, National Public Health Service for Wales, Bangor</p>
Hall 2	<p><b>Introducing 'take home' naloxone in Wales – from strategic direction to delivery</b> <b>Danny Morris</b>, Independent Trainer and Consultant, <b>Rossana Oretti</b>, Consultant Psychiatrist in Substance Misuse, Cardiff Community Addiction Unit and <b>Rhian Hills</b>, Regional Advisor, Gwent Substance Misuse Advisory Team</p>
Room 1	<p><b>NICE commissioning guide for NSPs</b> Chair: <b>Susie Dadlani</b>, Pharmacy Needle Exchange and Supervised Consumption Manager, Surrey Harm Reduction Outreach Team</p> <p><b>Christina McArthur</b>, Commissioning Adviser, National Institute for Health and Clinical Excellence (NICE), London</p>
Room 2	<p><b>Injectables and the story behind the perfect prescription</b> <b>Erin O'Mara</b>, Editor, Black Poppy Magazine and <b>Tom Neville</b>, Substance Misuse Advocate, CDT and SMMGP, Manchester</p>
Room 3	<p><b>Opportunities and obstacles when preventing initiation into injecting: international perspective</b> <b>Neil Hunt</b>, Freelance Researcher, Kent</p>
Room 4	<p><b>Sentencing for drugs offences</b> <b>Genevieve Horwood</b>, In House Counsel, Release, London</p>
Room 5	<p><b>Teaching people to access veins – practical issues</b> <b>Rob van der Waal</b>, Clinical Project Lead, RIOTT and <b>Pete Beavan</b>, Senior Substance Misuse Nurse, South London and Maudsley NHS Foundation Trust</p>

# Poster presentations

Presenters will be by their posters to discuss their work with delegates on Monday from 1.15 pm to 1.45 pm and Tuesday from 12.25 pm to 12.55 pm

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## Needle exchange surveillance initiative

*Cheryl Rees, Regional Co-ordinator, Institute for Applied Social and Health Research, University of the West of Scotland, Paisley*

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## Increasing the uptake of screening and immunisations for blood borne viruses

*Gail Robinson, Senior Healthcare Nurse, Lancashirecare Trust, Burnley*

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## Redcar hep C campaign

*Peter Kelsey, Team Leader, Lifeline Redcar*

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## Harm reduction and 'health rights': the effects of displacing public injecting sites in an urban environment

*Stephen Parkin, PhD Candidate, University of Plymouth*

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## The effects of place on health risk: a qualitative study of micro-injecting environments

*Stephen Parkin, PhD Candidate, University of Plymouth*

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# Film festival Hall 2

**1.10 pm Monday 26th October** (during lunch break)

## Keep walking – an educational documentary for femoral injectors (26 minutes)

Keep walking is a film for femoral injectors made by Exchange Supplies for the NTA as part of the 'Harm Reduction Works' campaign. The film is a documentary aimed at femoral injectors examining the risks of femoral injecting through interviews and a fly on the wall visit to a vascular surgeon for three femoral injectors.

The Harm Reduction Works campaign materials are designed to inform and change the conversations that occur between drug workers and drug users, and between drug users themselves in order to change the decisions drug users make, and reduce the risks they take.

See [HarmReductionWorks.org.uk](http://HarmReductionWorks.org.uk) for details of all resources.

**3.00 pm Monday 26th October** (during afternoon coffee break)

## Overdose – a retrospective (12 minutes)

The film follows the journey of a person leaving prison and culminates in them overdosing. Interviews given by services users sharing their experiences of overdose are shown intermittently throughout the film.

The film is currently being shown as part of overdose sessions at HMP Nottingham. It is recognised that the film does not contain all aspects of overdose, harm reduction and basic life support. This was due to time restrictions and therefore it is important that it is used in context and as part of a training session. The film also shows graphic simulated scenes of injecting and has a very personal emotive ending.

**10.30 am Tuesday 27th October** (during morning coffee break)

## Mr Mange goes over (9 minutes)

People often think that heroin overdoses are caused by variations in heroin purity, but this isn't necessarily the case and many factors can be involved.

Produced as part of the Harm Reduction Works campaign in conjunction with Lifeline Publications, Mr Mange is black comedy about overdose death. Using a darkly comic cartoon style, Mr Mange goes over is a very serious look at the causes of heroin overdose and how to avoid it.

Warning: contains explicit language and drug references.

**10.40 am Tuesday 27th October** (during morning coffee break)

## OD training saves lives – a training documentary

### User's version (5 minutes)

### Drug worker's version (13 minutes)

This film describes how to run overdose response training courses, and talks to people who've benefited from training about how it altered their response to overdose situations.

**12.25 pm** (during lunch break)

## HIV, hepatitis C and injecting drug use (26 minutes)

There have been a number of major advances in the understanding of blood borne viruses in recent years, and it is vital that everyone in the field – and injecting drug users – has up-to-date information about the hepatitis C epidemic, HIV, and injecting drug use.

Aimed at drug workers, peer trainers, policy makers and commissioners, and anyone interested in injecting drug use, this full length documentary features leading experts in the field including Gerry Stimson, Noel Craine, Roy Robertson and Robert Heimer giving their analysis of the current state of our knowledge.

The film will also cover issues such as hep C treatment, the role of needle exchange and substitute prescribing in prevention of blood borne virus epidemic as well as describing the HIV epidemic that occurred in Edinburgh in the late 1980s.

# Notes

A series of horizontal dotted lines for writing notes.



# Floor plan



## Key

**1**  **frontiermedical**  
group  
Main Conference Sponsor

**2** NHS Innovations North

**3** Scottish Drugs Forum

**4** Hep C Resource Centre

**5** Release

**6** Plastech

**7** Blithe Computer Systems

**8** Glasgow Addiction Services

**9** Martindale Pharma

**10** Concateno

**11** IHRA/NNEF

**12** UCB Pharma

**13** Methameasure


**14** Exchange Supplies  
never@share

**15** Cygnet Health Care

**16** British Red Cross

**17** Lifeline

**18** Harm Reduction Solutions

 Exhibitor stands

 Lunch / coffee stand

(XX) Room capacities

 Poster presentations

The restaurant on the ground floor will offer seated dining during lunch.

 Free WiFi internet access