



NCIDU

2010 National Conference on Injecting Drug Use

Thursday 7th and Friday 8th October 2010
The Sage Gateshead, Tyne and Wear

Programme and floor plan

Abstracts for all presentations are on the
conference website at exchangesupplies.org

Please note that there may be high levels of demand for some parallel sessions.
If there is something you particularly want to see you are strongly advised to arrive early.

Thursday – Programme | 7th October 2010

Chair: **Jim McVeigh**, Head of Substance Use, Centre for Public Health, Liverpool John Moores University

9.30	Registration
10.00	Film Festival in the Barbour Room – see page 6 for details
	Opening plenary session
	Hall One
11.30	Getting drug dealers involved in harm reduction <i>Ross Coomber</i> , Professor of Sociology and Director, Drug and Alcohol Research Unit, School of Social Science and Social Work, University of Plymouth
12.00	More than anabolic steroids <i>Martin Chandler</i> , Inter Agency Drug Misuse Database Manager, Centre for Public Health, Liverpool John Moores University
12.30	Neck injecting: a new phenomenon? <i>David Robertson</i> , Specialist Nurse in Substance Misuse, NHS Islington, London
1.00	Lunch Poster presentations 1.20 pm to 1.50 pm – presenters will be by their posters to discuss their work with delegates Film festival in the Barbour Room at 1.10 pm – see page 6 for details
2.00	Parallel sessions
	Hall One
	Neck injecting risks and harm reduction Chair: <i>Rachel Robertson</i> , Manager, Lifeline Projects (Middlesbrough/Redcar and Cleveland) <i>Jon Derricott</i> , Exchange Supplies, <i>David Robertson</i> , Specialist Nurse in Substance Misuse, NHS Islington, London and <i>Louise Wilkins</i> , Drug Worker, The Health Shop, Nottingham For sessions running parallel to this see page 3
3.00	Coffee Film festival in the Barbour Room at 3.10 pm – see page 6 for details
	Plenary session: Promoting transition from injecting to smoking
	Hall One
3.45	10% Shooters A specially made film explaining drug smoking and supervised chasing rooms in Holland <i>Jon Derricott</i> , Exchange Supplies
4.15	From fix to foil The Dutch experience in promoting the transition away from injecting drug use, 1991 – 2010 A case study, analysis and lessons learned <i>John-Peter Kools</i> , Consultant on Drug Use, HIV and Harm Reduction, Amsterdam, Netherlands
4.30	Promoting transition to smoking in the UK: panel discussion <i>John-Peter Kools</i> , Consultant on Drug Use, HIV and Harm Reduction, Amsterdam, Netherlands, <i>Matthew Southwell</i> , The Gold Standard Team, <i>Jon Derricott</i> , Exchange Supplies and <i>Rachael Pizzey</i> , Turning Point, Somerset
5.00	Movement and coffee break
5.15	National Needle Exchange Forum Meeting in the Barbour Room – Harm reduction in a shifting political agenda
6.15	Close

Thursday – Afternoon parallel sessions

2.00	Afternoon parallel sessions
Hall One	<p>Neck injecting risks and harm reduction Chair: Rachel Robertson, Manager, Lifeline Projects (Middlesbrough/Redcar and Cleveland)</p> <p>Jon Derricott, Exchange Supplies, David Robertson, Specialist Nurse in Substance Misuse, NHS Islington, London and Louise Wilkins, Drug Worker, The Health Shop, Nottingham</p>
Barbour Room	<p>Three papers about blood-borne viruses Chair: Danny Morris, Independent Trainer and Consultant, Hereford</p> <ol style="list-style-type: none"> 1. Do low dead space syringes prevent injection-related HIV epidemics among IDUs? William A. Zule, Senior Research Public Health Analyst, RTI International, USA 2. Improving access to BBV testing and treatment Jane Gibson, SpN HIV/Viral Hepatitis, Department of Infection and Travel Medicine, James Cook University Hospital, Middlesbrough and Kim Michelle, CRI Service Manager, CRI, Stockton-on-Tees 3. Hepatitis C prevalence and incidence among injecting drug users attending injecting equipment provision services in Scotland Norah Palmateer, Epidemiologist, Health Protection Scotland, Glasgow
Northern Rock Foundation Hall	<p>Three papers: Groin injecting / Setting up harm reduction suites / The global state of harm reduction Chair: Neil Hunt, Freelance Researcher, Kent</p> <ol style="list-style-type: none"> 1. Groin injecting in Bristol – has anything changed in five years? John Maliphant and Paul Sargent, Harm Reduction Coordinators, Bristol Drugs Project and Jenny Scott, Senior Lecturer in Pharmacy Practice, Department of Pharmacy and Pharmacology, University of Bath 2. Harm reduction suites Alyson Taylor, Service Development and Improvement Manager, Leicester DAAT 3. Global state of harm reduction 2010 Catherine Cook, Senior Analyst: Public Health, Research and Policy, International Harm Reduction Association (IHRA), London
C9 Katherine Shears Studio	<p>Route transition – ethical challenges and future opportunities Matthew Southwell, The Gold Standard Team, Bath</p>
Room C2	<p>Blue lights in public conveniences: The amplification of injected-related risk behaviour (and the challenge for harm reduction) Stephen Parkin, Research Fellow in Public Health Sociology, Drug and Alcohol Research Unit, School of Social Science and Social Work, University of Plymouth</p>
Room C6	<p>Tales from the robber's dog – The ballad of the two Charlies Film, presentation and discussion session</p> <p>Michael Linnell, Director of Communications, Lifeline, Manchester</p>

Friday – Programme | 8th October 2010

Chair: *Roweena Russell, Developer and Manager, hiwecanhelp.co.uk*

8.00	Registration
9.00	<p>Morning parallel sessions</p> <p>Hall One</p> <p>The injecting of human growth hormone (HGH) as a performance enhancing drug <i>Jim McVeigh, Head of Substance Use, Centre for Public Health, Liverpool John Moores University</i></p> <p>For sessions running parallel to this see page 5</p>
10.00	<p>Plenary session</p> <p>Hall One</p> <p>Staying safe: Injectors who avoid hepatitis C <i>Magdalena Harris, Research Fellow, Centre for Research on Drugs and Health Behaviour, London School of Hygiene and Tropical Medicine</i></p>
10.30	<p>The Welsh BBV hepatitis action plan <i>Noel Craine, Research Scientist, Public Health Wales</i></p>
11.00	<p>Can antiviral therapy for HCV be a prevention tool for active IDUs? A modelling analysis <i>Peter Vickerman, Senior Lecturer in Mathematical Modelling of Infectious Diseases, London School of Hygiene and Tropical Medicine</i></p>
11.30	<p>Coffee Film festival in the Barbour Room at 11.35 am – see page 7 for details</p>
12.00	<p>Afternoon parallel sessions</p> <p>Hall One</p> <p>Needle size – influencing choice in needle exchange <i>Kevin Flemen, Independent Trainer, KFX</i></p> <p>For sessions running parallel to this see page 5</p>
1.00	<p>Lunch Poster presentations 1.20 pm to 1.50 pm – presenters will be by their posters to discuss their work with delegates Film festival in the Barbour Room at 1.15 pm – see page 7 for details</p>
2.00	<p>Plenary session</p> <p>Hall One</p> <p>Drugs and the new administration <i>Martin Barnes, Chief Executive, DrugScope</i></p>
2.30	<p>What do we know about the adulteration of illicit drugs? <i>Claire Cole, Honorary Lecturer, Centre for Public Health, Liverpool John Moores University</i></p>
3.00	<p>Harm reduction advice based on laboratory analysis of crack cocaine adulteration <i>Jenny Scott, Senior Lecturer in Pharmacy Practice, Department of Pharmacy and Pharmacology, University of Bath</i></p>
3.30	Close

Friday – Morning parallel sessions

9.00	Morning parallel sessions
Hall One	The injecting of human growth hormone (HGH) as a performance enhancing drug <i>Jim McVeigh, Head of Substance Use, Centre for Public Health, Liverpool John Moores University</i>
Barbour Room	Twitter ye not? <i>Nigel Brunson, Trainer/Blogger, Injecting Advice Ltd, Derby and Allison Downing, Trainer/Podcaster, Simply Syndicated</i>
Northern Rock Foundation Hall	Understanding drug using networks: The seeds of a formal peer education programme <i>Richard Foley, Blood Borne Virus Prevention Worker, Harm Reduction Team (NHS Lothian), Edinburgh</i>
C9 Katherine Shears Studio	Safer injecting, bacterial, viral infections. A new kind of workshop <i>Tony Lee, Volunteer Service User Advocate /Peer Supporter /Educator, R.E.P.S (Recovery, Empowerment, Peer Support), Fleetwood</i>
Room C2	National hep C action plan prevention initiatives in Greater Glasgow and Clyde <i>Jennifer Kelly and Mary Clare Madden, Addiction Pharmacists, Glasgow Addiction Service</i>

Friday – Afternoon parallel sessions

12.00	Afternoon parallel sessions
Hall One	Needle size – influencing choice in needle exchange <i>Kevin Flemen, Independent Trainer, KFx</i>
Barbour Room	Two papers: Heroin prescribing and naloxone Chair: <i>Frank Henderson, Team Manager, Surrey Harm Reduction Outreach Team</i> 1. The R.I.O.T.T. and what it's done for us <i>Melissa Lee, Co-chair of Recovery On /Off Alcohol and Drugs (R.O.A.D), Brighton</i> 2. Inverness naloxone programme <i>Lisa Ross, Clinical Harm Reduction Nurse Specialist, NHS Highland Harm Reduction Service, Scotland</i>
Northern Rock Foundation Hall	Do you share? – Looking beyond the 'sharing' question <i>Nigel Brunson, Trainer/Blogger, Injecting Advice Ltd, Derby and Helen Wilks, Trainer, Torbay</i>
C9 Katherine Shears Studio	BBV prevention for young people: 'The Waiting Room' A BBV prevention film and education toolkit for use with vulnerable young people <i>Colin Tyrrie, Senior Public Health Development Advisor (Substance Misuse), Manchester Public Health Development Service, NHS Manchester</i>
Room C2	Ultrasound and femoral injecting <i>Richard Senbanjo, Clinical Director, KCA, UK</i>
Room C6	Heroin prescribing: The story behind the perfect script <i>Erin O'Mara, Editor, Black Poppy</i>

Film festival – Thursday Barbour Room

10.00 am Thursday 7th October (pre-conference)

The war on the war on drugs (USA) (60 minutes)

The war on the war of drugs exposes drug war propaganda by parodying social campaigns and those who insist on fighting illicit drug use at any cost. Exhaustively researched, the film, with tongue firmly in cheek, uses factual information to advocate the usage of mind-altering drugs.

The film comprises independent short scenes in a wide variety of cinematic styles. These include: 1970s educational reels providing information on meth lab fire safety and how to find a dealer you can trust, 1950s black and white sci-fi spoofs of anti-drug ads, a cooking show that explains how to make hash brownies, children's television puppets dispensing drug information, and an exposé on the eerie comparisons between DARE and Hitler Youth. The same tenuous innuendos that are used to distort or exaggerate the dangers of drugs are applied to assail the character of those who utilise this methodology to support the anti-drug position.

Funny, irreverent, poignant and informative, *The war on the war on drugs* reveals that the drug war is ultimately far more dangerous than the drugs it purports to fight.

11.05 am Thursday 7th October (pre-conference)

Understanding injecting risks and practices among IDUs in Lagos Nigeria: A critical analysis in planning sustainable harm reduction interventions (Nigeria) (10 minutes)

The lack of in-depth knowledge and limited information about IDU practices in Nigeria makes it difficult to design intervention programs for them. The film focuses on understanding injecting practices among IDUs in Lagos, Nigeria. The diversity, characteristics and practices of IDUs must be taken into consideration in planning interventions. Information on frequency of injecting, sharing practices, drug combinations, doses, preparations and routes of administration is invaluable in guiding a sustainable, culture fit harm reduction program for IDUs.

The film shows various injecting skills, behaviour and practices of IDUs; it reflects the need for urgent interventions to reduce the spread of HIV among them. Socioeconomic factors, culture and age all influence preparation methods which in turn carry different levels of risk for transmission of HIV. The film also addresses knowledge of the risks and chances of other IDUs acquiring HIV, because they may be unwilling to accept that they are personally exposed to high levels of risk.

11.15 am Thursday 7th October (pre-conference)

Trip to Earth: Report on how human beings deal with drugs (Spain) (6 minutes – subtitles)

An animated film about an alien, In'dahg, studying the planet Earth and his research on how humans deal with some inanimate objects called drugs. In'dahg visits Argentina because he was informed that the humans there – like in other places, but not in all places – have a particular way of facing the issue of drug use and of trying to solve individual, social and health problems using the law. He is surprised to see that the human method of helping those with drug problems is to incarcerate them. From a naive point of view, he wonders about several contradictions, neglected issues and social attitudes. His report reviews the role of police, the goal of abstinence, the cause of crime and the function of objects of consumption in modern societies. He analyses how humans respect or tolerate other ways of harming themselves, but not drug use. The film contributes to an ongoing national debate, and supports a change in the law, policy and attitude of society to drugs, drug users and decriminalisation.

1.10 pm Thursday 7th October (during lunch break)

Heroin & crack: Inside and out (UK) (34 minutes)

Heroin & crack: Inside and out was commissioned by Oxfordshire Drug and Alcohol Action Team (DAAT) and produced by SMART CJS. The resulting DVD is a harm reduction tool for raising awareness of drugs and the effects on the user and people around them. In this film, ex-users talk candidly about drug use and describe their journeys from addiction to treatment and on to recovery. There is a section focusing on the devastating effects within a family when parents discover that their child is dependent on drugs. Professor David Nutt, a former UK government senior drugs advisor, explains the science behind addiction and how heroin and crack can take over some people's brains – and lives. Speaking to users and their families, it seems that during their treatment journey, the physical effect of the drugs on the brain is not always explained or examined. The film explains the process of addiction and the physical harm and effects it can bring.

1.45 pm Thursday 7th October (during lunch break)

Working towards recovery (UK) (10 minutes)

This film accompanied a review report by the UK Drug Policy Commission published under the same name. It describes how finding meaningful employment has helped recovering addicts in the UK to get their lives back on track. It features the journeys and experiences of former drug users, treatment practitioners and employers.

This film has been used as part of a training programme for newly appointed Jobcentre Plus drug coordinators.

3.10 pm Thursday 7th October (during coffee break)

Reflections – Overdose Awareness Day (Australia) (8 minutes)

Overdose Awareness Day (OAD) is a day to remember those who have died from overdose as well as those who live with permanent injuries from overdose. This film, created for OAD 2009, seeks to explore the stigma associated with drug use, and in presenting drug users' voices aims to send a strong message to current and former drug users that they are valued as part of the community.

The film explores issues of overdose that are heroin related, but also overdoses from alcohol, pills and other drugs, and in doing so aims to remind drug users to be careful. The interviews provide an opportunity for those involved to mourn publicly for loved ones. The film hopes to stimulate discussion in the community about overdose prevention and drug policy.

3.20 pm Thursday 7th October (during coffee break)

'I never thought I would see this day' (UK) (9 minutes)

The film runs through an overdose scenario with CPR and naloxone through to arrival of paramedics.

3.30 pm Thursday 7th October (during coffee break)

Live: A training film on the use of injectable naloxone to prevent opiate overdose death (USA) (10 minutes)

Live is an unusual overdose (OD) response training film in that its narrative arc consists of a real-life OD (and peer rescue) caught on film. This video begins with the actual OD and then proceeds to break it down into five stages, using dramatic re-enactments by opiate users to demonstrate clearly the optimal peer response during each stage of the overdose. Ultimately the film's goal is to teach opiate users and those who care about them how to identify and respond effectively to opiate overdose with a combination of rescue breathing and, where available, the pure opiate antagonist naloxone (or Narcan).

Film festival – Friday Barbour Room

11.35 am Friday 8th October (during coffee break)

10% Shooters – The history of the shift from injecting to smoking in Holland (UK) (15 minutes)

This engaging short film charts the chronology and reasons behind what remains a unique phenomenon, the large-scale shift amongst Dutch drug users from injecting their drugs of choice to smoking them. This tendency has been so pronounced that drug consumption rooms in Holland are almost universally given over to providing a safe and secure place for users to smoke and socialise without causing neighbourhood concerns and without fear of Police harassment. With unprecedented access to two such consumption rooms, the film shows short interviews with current heroin and crack smokers alongside high-quality footage of the smoking of heroin and crack on foil and in pipes.

11.50 am Friday 8th October (during coffee break)

Tales from the robber's dog – The ballad of the two Charlies (UK) (12 minutes)

The ballad of the two Charlies started life as a research project with a group of young criminals in the city of Sanford in north-west England. The research centred around the appearance of crack cocaine in a powder cocaine market and the positive image of cocaine as opposed to the stigma associated with heroin use. It led to the original intervention: a 26-page obscene, foul-mouthed comic book designed to be read out loud, which was presented at the IHRA conference in Belfast in 2005.

To promote some of the commissioned communications and film work that it has been doing and as an example of an alternative way of presenting ethnographic research and making it relevant for the people who are the subject of the research, this national drug help charity has turned the intervention into an animated film.

1.15 pm Friday 8th October (during lunch break)

Hep C: Any person, any age (Australia) (14 minutes)

Research indicates that one in five new hepatitis C infections are in young people aged 15 to 19 years, and people who are in contact with Youth Justice or Out of Home Care services are at increased risk of using illicit drugs. This film was developed as part of a Young Women's Hepatitis C and Early Intervention Project.

The project sought to sponsor and coordinate a response to hepatitis C that was relevant, meaningful and led by young people using the principles of youth participation and health promotion. It became clear in the early stages that the project's trained peer educators were going to require a 'tool' to assist them to deliver sessions to peers that were comprehensive and accurate (for this project peer educator was defined as a young person who had had contact with the youth justice system). The peer educators conceived the idea of a short film with four chapters that could be used alone or together as part of an education session.

The original concept, script and artwork for the film were developed by the team of trained peer educators. The film has been utilised in education sessions for young people who have had contact with the justice system and who are at risk of disengaging from the school system, including alternative secondary schools and residential care settings. Evaluation of the project and film has shown that it is well received by the intended audience and effectively relays essential information about the prevention of hepatitis C.

1.30 pm Friday 8th October (during lunch break)

Hep C the facts (UK) (24 minutes)

Hep C the facts – with a focus on interferon treatment.

This film focuses on how people contract hep C with substance misuse problems and how they treated it.

Poster presentations

Presenters will be by their posters to discuss their work with delegates from 1.20 pm to 1.50 pm each day

Pharmacological treatment possibilities for older cocaine users

Judith Livingston, Doctor, University College Hospital, London and *Adam Showman*, Post-Graduate Student, King's College, London

Understanding drug using networks: The influence of social capital within drug using networks

Richard Foley, Blood Borne Virus Prevention Worker, Harm Reduction Team (NHS Lothian), Edinburgh

Blue lights in public conveniences:

The amplification of injected-related risk behaviour (and the challenge for harm reduction)

Stephen Parkin, Research Fellow in Public Health Sociology, Drug and Alcohol Research Unit, School of Social Science and Social Work, University of Plymouth

Caseloads – what is the optimum number?

Alex Tomkinson, Community Recovery Worker, CRI, Stoke on Trent

Floor plan

Key

- Exhibitors (Levels 1 and 2)
- Food, tea/coffee (Levels 1 and 2)
- Posters (Level 1)

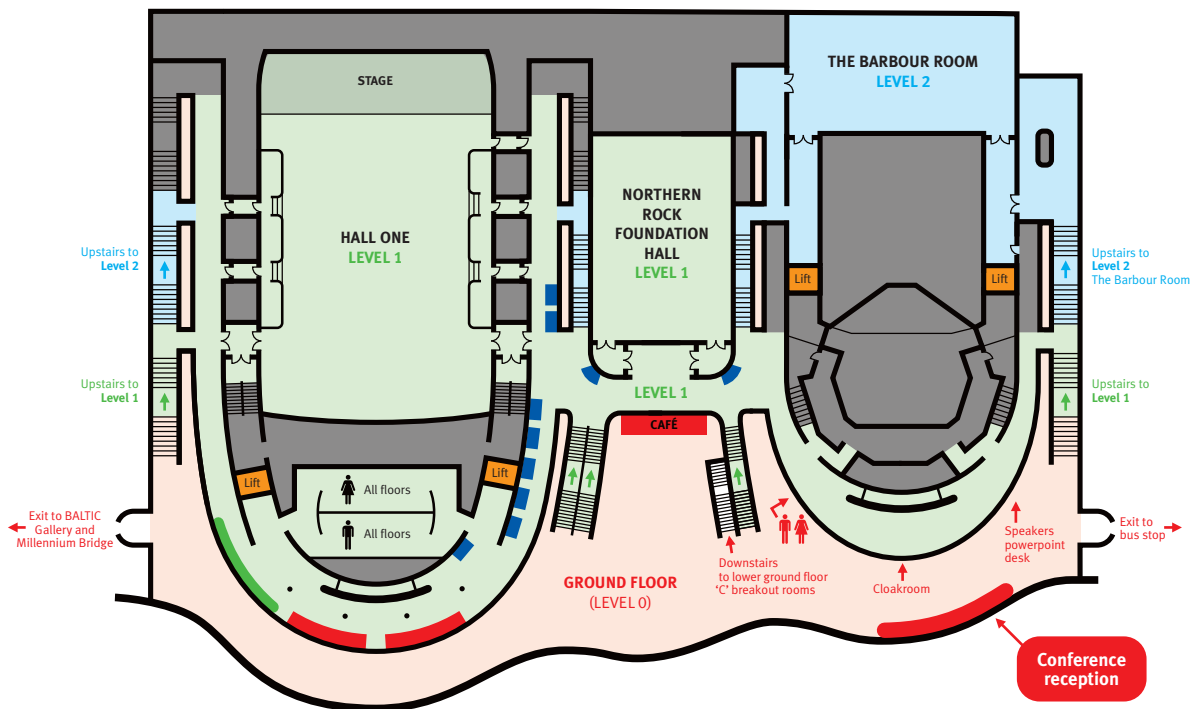
Exhibitors (level 1)

- 1 Concateno
- 2 Frontier Medical Group
- 3 Harm Reduction Solutions
- 4 Exchange Supplies
- 5 Harm Reduction Works
- 6 UCB Pharma
- 7 Blithe Computer Systems
- 8 Cygnet Health Care

Exhibitors (level 2)

- 8 SLaM
- 9 SMMGP
- 10 hiwecanhelp.co.uk
- 11 NNEF / UKHRA
- 12 IHRA
- 13 Theseus
- 14 Webstar Health
- 15 Lifeline

GROUND FLOOR | LEVEL 1 | LEVEL 2



LOWER GROUND FLOOR | 'C' breakout rooms

