



NDTC<sup>09</sup>

# 2009 National Drug Treatment Conference

Thursday 19th and Friday 20th March 2009

Novotel London West – Hotel and Convention Centre

**Pre-conference registration in the Bourgogne:**

Wednesday 18th March 7.00 pm to 9.00 pm

## Final programme and floor plan

Abstracts for all presentations are on the conference website at [exchangesupplies.org](http://exchangesupplies.org)

**Please note that there may be high levels of demand for some parallel sessions.**  
If there is something you particularly want to see you are strongly advised to arrive early.

# Thursday – Programme | 19th March 2009

Chair: **Emily Finch**, Consultant Addiction Psychiatrist, South London and Maudsley Foundation NHS Trust

8.15	<b>Registration</b>
	Main Hall
10.00	<b>Welcome</b>
10.05	<b>Helping drug users: art vs science?</b> <i>Stefan Janikiewicz</i> , Clinical Director, Drug and Alcohol Services, Cheshire and Wirral Partnership Trust
10.40	<b>Drug treatment – a historical perspective</b> <i>Virginia Berridge</i> , Professor of History, Centre for History in Public Health, Department of Public Health and Policy, London School of Hygiene and Tropical Medicine
11.15	<b>The person not the drug</b> <i>Phil Barker</i> , Honorary Professor, Faculty of Medicine, Dentistry and Nursing, University of Dundee
11.50	<b>Coffee</b> <b>Film festival</b> in B6 Bourg – see page 5 for details 11.55 am <b>Access all areas</b>
12.20	<b>Parallel sessions</b> Main Hall <b>The personalisation of health and social care</b> <i>Martin Routledge</i> , National Programme Manager, Putting People First (Delivery), Manchester <b>For sessions running parallel to this see page 3</b>
1.20	<b>Lunch</b> <b>Poster presentations</b> 1.45 pm to 2.15 pm – presenters to be by their posters to discuss their work with delegates <b>Lunchtime meeting</b> 1.35 pm in D2 Mouton Cadet: <b>The Drugs and Health Alliance: where next after a disappointing drug policy</b> <b>Film festival</b> in B6 Bourg – see page 5 for details 1.35 pm <b>Fighting the dragon with luck</b>
2.30	<b>Parallel sessions</b> Main Hall <b>Amphetamine treatment – lessons from around the world</b> <i>Richard Pates</i> , Independent Consultant Clinical Psychologist, Cardiff <b>For sessions running parallel to this see page 4</b>
3.30	<b>Coffee</b> <b>Film festival</b> in B6 Bourg – see page 5 for details 3.35 pm <b>Keep walking – a film for groin injectors</b>
4.00	Main Hall <b>The recovery revolution: news from the front</b> <i>William White</i> , Senior Research Consultant, Chestnut Health Systems, Bloomington, USA
4.30	<b>Abstinence is not the only fruit: politics, stigma and the value of pharmacologically assisted recovery</b> <i>Peter McDermott</i> , Policy Lead, The Alliance
5.00	<b>The contemporary relevance of total abstinence: a personal and professional perspective</b> <i>Nick Mercer</i> , Treatment Manager, Acorn Recovery Community, Oldham
5.30	<b>Movement break</b>
5.45	<b>Evening parallel sessions</b> See page 5 for details
7.00	<b>Close</b>

## Thursday – Morning Parallel Sessions

12.20	Parallel sessions
Main Hall	<p><b>The personalisation of health and social care</b>  <b>Martin Routledge</b>, National Programme Manager, Putting People First (Delivery), Manchester</p>
Bourgogne	<p><b>Harm reduction</b>            Chair: <b>Neil Hunt</b>, Director of Research, KCA and Honorary Senior Research Associate, European Institute of Social Services, University of Kent</p> <ol style="list-style-type: none"> <li><b>Experiences of using ultrasound scanning as a tool for reducing harm among femoral injectors</b>  <b>Richard Sanbanjo</b>, Clinical Director, KCA</li> <li><b>Provision of foil in Sheffield via needle exchange services</b>  <b>Anne Boid</b>, Needle Exchange Worker and <b>Patrick Crowley</b>, Turning Point Adult Treatment Services, Sheffield</li> <li><b>Strategic litigation impacting on harm reduction and human rights</b>  <b>Niamh Eastwood</b>, Deputy Director and Head of Legal Services, Release</li> </ol>
B6 Bourg	<p><b>The relationship between hepatitis C knowledge and risk-taking behaviour in a cohort of patients attending a homeless general practice</b>  <b>John Budd</b>, GP, <b>Jules McGregor</b>, Social Worker, Drug Referral Team, City of Edinburgh Council and <b>Jo Nickson</b>, CPN, Edinburgh Homeless Practice</p>
B2 Muscadet	<p><b>Dough, nuts and tea? Alternative treatment methods for stimulant users</b>  <b>Peter Kelsey</b>, Team Leader, Lifeline Redcar, Redcar and Cleveland</p>
D2 Mouton Cadet	<p><b>What is the place of treatment in a holistic systems approach to reducing drugs harm?</b>  <b>Robert Rae</b>, Scotland's Futures Forum, <b>Mike McCarron</b>, KDOS Steering Group and <b>Tony Hodgson</b>, International Futures Forum</p>
D3 Fronsac	<p><b>Dual diagnosis – an unnecessary nosological category?</b>  <b>David Marjot</b>, Consultant Psychiatrist, Kaleidoscope, Surrey</p>
D4 Lalande	<p><b>I could cure my parents but no one will let me</b>  <b>Zara McQueen</b>, Head of Service for Families Plus and <b>Emma Gulliver</b>, Project Manager M-PACT (UK), Action on Addiction, Salisbury, Wiltshire</p>
D5 Talbot	<p><b>Built on sand – the database of British drug policy</b>  <b>Michael Ashton</b>, Editor, Drug and Alcohol Findings</p>

## Poster presentations

Presenters will be by their posters to discuss their work with delegates on Thursday from 1.45 pm to 2.15 pm and Friday from 1.15 pm to 1.45 pm

### Drug treatment in the South East 2007/08

**Caroline Ridler**, Senior Public Health Intelligence Analyst, Supporting Public Health, Oxford

### The Drugs Intervention Programme in the South East 2007/08

**Rachel Johnson**, Public Health Intelligence Analyst, Supporting Public Health

### From LARK to hi we can help

**Roweena Russell**, Harm Reduction Strategy Manager, North Tyneside Drug Action Team

## Thursday – Afternoon Parallel Sessions

2.30	Parallel sessions
Main Hall	<p><b>Amphetamine treatment – lessons from around the world</b>  <b>Richard Pates</b>, <i>Independent Consultant Clinical Psychologist, Cardiff</i></p>
Bourgogne	<p><b>Naloxone, user satisfaction and supporting carers</b>            Chair: <b>Neil Hunt</b>, <i>Director of Research, KCA and Honorary Senior Research Associate, European Institute of Social Services, University of Kent</i></p> <ol style="list-style-type: none"> <li><b>Empower yourself with naloxone – from pilot to full service delivery of take home naloxone in Southwark, London</b>  <b>William Davis</b>, <i>Senior Drug and Alcohol Worker, South London and Maudsley NHS Trust, London</i></li> <li><b>Service user satisfaction: an attempt to increase the impact of the NTA satisfaction survey</b>  <b>Andy Lloyd</b>, <i>Clinical Audit Facilitator, KCA and Neil Hunt</i>, <i>Director of Research, KCA and Honorary Senior Research Associate, European Institute of Social Services, University of Kent</i></li> <li><b>Education and empathy, not tea and sympathy</b>  <b>Keely Glithero</b>, <i>Centre Manager, Lisette Abrahams</i>, <i>Surrey Harm Reduction Outreach Team, The Xchange, Surrey</i>  <b>Yvonne Bryant and Pat Lambert</b>, <i>The Xchange, Surrey</i></li> </ol>
B6 Bourg	<p><b>Heroin prescribing</b>            Chair: <b>Rick Rutkowski</b>, <i>Manager, Lifeline Hackney, London</i></p> <ol style="list-style-type: none"> <li><b>Heroin prescribing</b>  <b>Stefan Janikiewicz</b>, <i>Clinical Director, Drug and Alcohol Services, Cheshire and Wirral Partnership Trust</i></li> <li><b>RIOTT: Three site trial of injectable opiate prescribing</b>  <b>Nicola Metrebian</b>, <i>Senior Research Fellow, Teodora Groshkova and Vikki Charles</i>, <i>Research Fellows, National Addiction Centre, Institute of Psychiatry, Kings College London</i></li> </ol>
B2 Muscadet	<p><b>An integrated service – Lifeline Kirklees</b>  <b>Paul Peart</b>, <i>Team Leader and Sheila Plumbe</i>, <i>Lifeline Project, Huddersfield</i></p>
D2 Mouton Cadet	<p><b>Drug rehabilitation and the meaning of life – how far should we try to guide our clients in their journey out of addiction?</b>  <b>Fraser Shaw</b>, <i>Consultant Psychiatrist, Glasgow Addiction Services</i></p>
D3 Fronsac	<p><b>ACCE, hep C and harm reduction</b>            Chair: <b>Kim Clarke</b>, <i>Clinical Governance and Improvement Manager, Addictions Division, Specialist Services, South London and Maudsley NHS Foundation Trust, London</i></p> <ol style="list-style-type: none"> <li><b>ACCE use in the North West of England: The changing profile of drug users engaged in treatment and its implications for future provision</b>  <b>Ayesha Hurst</b>, <i>NDTMS Liaison Manager (North West), Centre for Public Health, Liverpool John Moores University</i></li> <li><b>Suggested factors underlying lower hepatitis C incidence in Walsall Metropolitan Borough</b>  <b>Hugh Jobber</b>, <i>Assistant Director of Operations (West Midlands), Addaction</i></li> <li><b>From LARK to hi we can help</b>  <b>Roweena Russell</b>, <i>Harm Reduction Strategy Manager, North Tyneside Drug Action Team</i></li> </ol>
D4 Lalande	<p><b>Politics and drug policy – an unhealthy alliance?</b>  <b>Sara McGrail</b>, <i>Independent Drug Policy Specialist</i></p>

## Thursday – Evening Parallel Sessions

5-45 Evening parallel sessions:	
Bourgogne	<b>Beyond MI: Broadening the role of psycho-social interventions in the treatment setting</b> <i>Lloyd Humphreys, Clinical Psychologist and Jonathan Ward, Clinical Psychologist, Clinical Psychology Associates, Manchester</i>
D2 Mouton Cadet	<b>The Spider Project – ‘Content’, a literary experience</b> <i>Gerry Linford, Project Manager, The Spider Project, Liverpool</i>
D3 Fronsac	<b>Community cohesion: getting ahead or simply getting by</b> <i>Paul Wells, Substance Misuse Lead, Coventry</i>

## Film festival B6 Bourg

**11.55 am Thursday 19th March**

**Access all areas** (20 minutes)

Drug treatment for opioid dependence is poorly marketed. Research amongst hundreds of opioid dependent clients in treatment identified myths and misinformation about treatment and a lack of understanding about how prescribers determine treatment provision for injecting drug users. Through consultation with user organisations across Australia easy to use resources that make treatment transparent were developed. The aim of this film is to develop a resource for both in and out of treatment drug users (especially heroin users) that will assist them in accessing treatment by ensuring they are accurately and fully informed about; available treatment options; the process of treatment; its benefits; side effects and, possible risks. It aims to explain treatment options for opioid dependence including methadone and buprenorphine and the treatment of other drug related problems and health issues such as dental care, hepatitis, mental health, and overdose.

**1.35 pm Thursday 19th March**

**Fighting the dragon with luck** (55 minutes)

Fighting the Dragon with Luck (FTDWL) is a documentary filmed in Brunswick, inner Melbourne suburb in the state of Victoria, Australia. FTDWL tells the story of heroin addiction, replacement treatments, withdrawal and life as an addict. It is colourful, educational and entertaining to a naive or informed audience.

**3.35 pm Thursday 19th March**

**Keep walking – a film for groin injectors** (18 minutes)

‘Keep walking’ is a film for femoral injectors made by Exchange Supplies for the NTA as part of the ‘Harm Reduction Works’ campaign. The film is a documentary aimed at femoral injectors examining the risks of femoral injecting through interviews and a fly on the wall visit to a vascular surgeon for three femoral injectors.

**11.10 am Friday 20th March**

**Nothing for us, without us – oral substitution treatment in India** (30 minutes)

Highlighting effects of a national scale up in India of oral substitution therapy (OST) and the outstanding success it has been able to achieve. This film mainly focuses on various testimonies of the drug users, briefly examining their personal history and what they have been able to achieve by enrolling in OST the program. The views of field workers are also presented.

**1.15 pm Friday 20th March**

**Harm Reduction Works**

A selection of films from the Harm Reduction Works campaign that have been produced by Exchange Supplies for the National Treatment Agency. Funded by the Department of Health as part of Reducing Drug-Related Harm: An Action Plan. See [HarmReductionWorks.org.uk](http://HarmReductionWorks.org.uk) for details of all resources.

**1.15 pm How small is the hep C virus?**

A dramatic animation designed to highlight the importance of avoiding transmission of blood-borne viruses.

**1.17 pm HIV and hepatitis C survival in syringes**

A short documentary about ground breaking new work in the US that has definitively answered the question ‘How long does hepatitis C survive in syringes?’

**1.26 pm Does cleaning syringes work?**

A short film explaining what we know about how effectively thin bleach kills viruses in syringes, and explaining why teaching syringe cleaning must sit alongside improved coverage and drug treatment as a key part of the effort to reduce BBV spread.

**1.30 pm Cleaning syringes**

A simple method with clear instruction.

**1.35 pm Hand washing: spot the difference**

A unique take on the importance of hand washing designed to improve Injecting hygiene and reduce the toll caused by injecting site injections.

**1.37 pm Hand washing: correct technique**

Simple and clear instructional film showing injectors how to wash their hands using the approved hand washing method.

**1.40 pm Going over**

‘Going over’ is an award-winning overdose prevention video. It uses music, dramatised reconstructions of real-life overdose stories and a memorable recovery position demonstration to convey the key overdose prevention message.

**1.45 pm Recovery**

A new resource, aimed at people who might witness an overdose that complements ‘Going over’ and further reinforces the importance of putting people who have overdosed in the recovery position with a clear explanation of the technique.

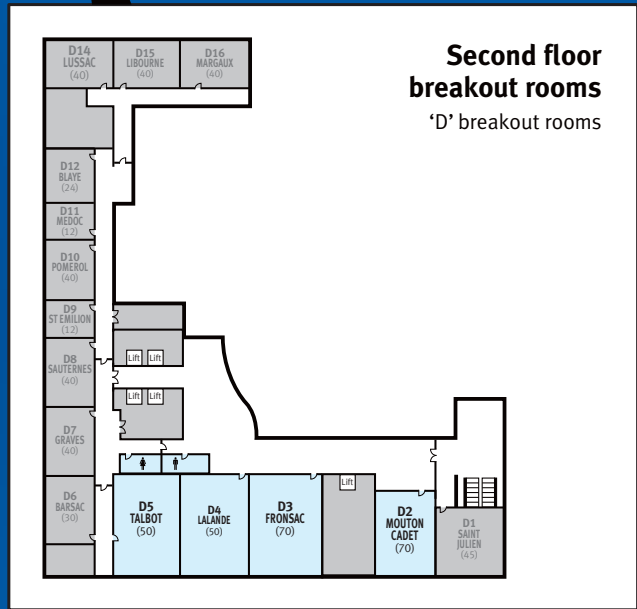
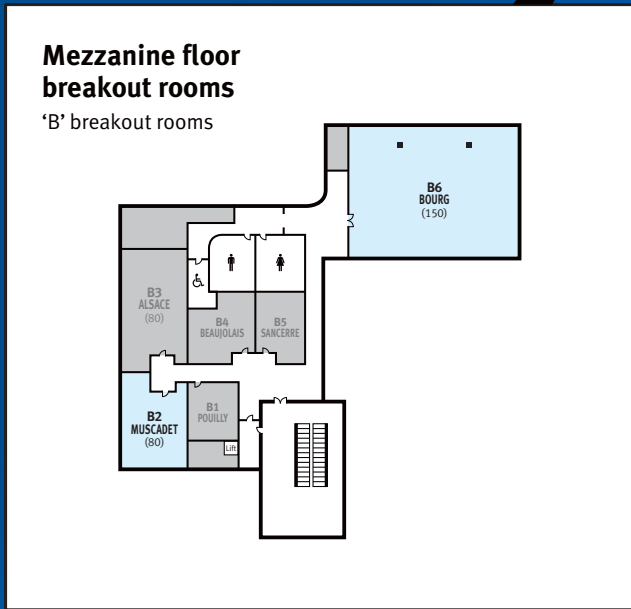
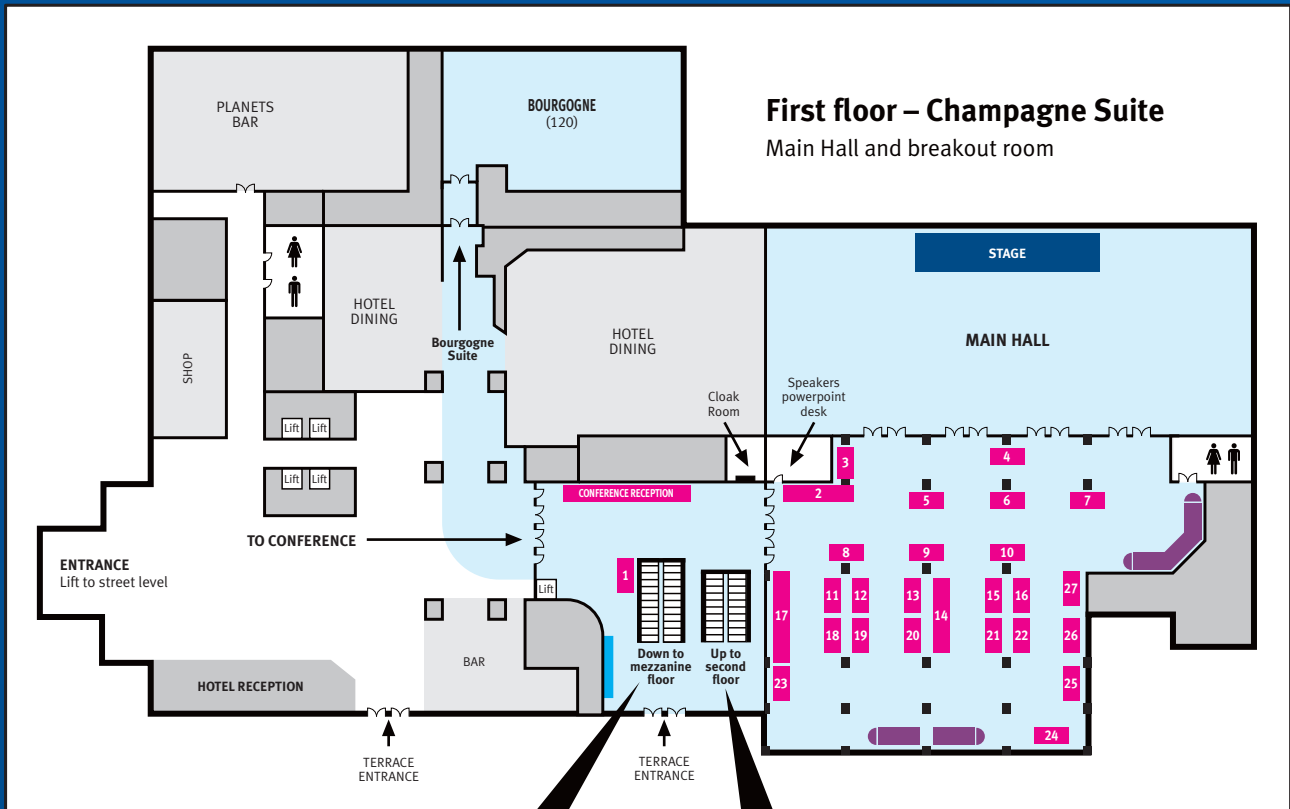
# Friday – Programme | 20th March 2009

Chair: <b>Glenda Daniels</b> , Oxfordshire User Team (OUT)	
8.30	<b>Registration</b>
	Main Hall
9.30	<b>Addressing heavy drinking in the drug-using population</b> <i>Michael Farrell</i> , Senior Lecturer and Consultant Psychiatrist, National Addiction Centre, Institute of Psychiatry, London
10.00	<b>Helping drug users to stop smoking</b> <i>Pip Mason</i> , Director, Pip Mason Consultancy Ltd
10.30	<b>What service users look for in staff</b> <i>Leon Wylie</i> , National Substance Use Support Officer (Drugs), Scottish Association of Alcohol and Drug Action Teams, Glasgow
11.00	<b>Coffee</b> <b>Film festival</b> in B6 Bourg – see page 5 for details 11.10 am <b>Nothing for us, without us – oral substitution in India</b>
11.45	<b>Parallel sessions</b> Main Hall <b>What is possible with benzodiazepines</b> <i>Chris Ford</i> , GP and Clinical Director, SMMGP <b>For sessions running parallel to this see page 7</b>
12.45	<b>Lunch</b> <b>Poster presentations</b> 1.15 pm to 1.45 pm – presenters to be by their posters to discuss their work with delegates <b>Lunchtime meeting</b> 1.15 pm in the Bourgogne: <b>NICE needle and syringe programmes guidance and ACMD Hepatitis C prevention report – the implications for commissioners and providers</b> <i>Danny Morris</i> , Development Manager, Drug Services, Herefordshire PCT and Independent Trainer and Consultant <b>Film festival</b> in B6 Bourg – see page 5 for details 1.15 pm <b>‘Harm Reduction Works’ – a selection of films from the Harm Reduction Works campaign</b>
	Main Hall
2.00	<b>Why people drop out or have their treatment withdrawn and what we can do to prevent it</b> <i>John Dunn</i> , Consultant Psychiatrist and Clinical Team Leader, National Treatment Agency
2.30	<b>How decisions taken by drug treatment services impact on the lives of drug users</b> <i>Peter McDermott</i> , Policy Lead, The Alliance and <i>Beryl Poole</i> , The Alliance
3.00	<b>The outcome of Sweden’s dream of a good drug-free society</b> <i>Berne Stalenkrantz</i> , Chairman, Swedish Drug Users Union (SDUU)
3.30	<b>Close</b>


## Friday – Morning Parallel Sessions

11.45	Parallel sessions
Main Hall	<p><b>What is possible with benzodiazepines</b>  <i>Chris Ford, GP and Clinical Director, SMMGP</i></p>
Bourgogne	<p><b>The need for speed: substitute prescribing to amphetamine users in Britain</b>  <i>Russell Newcombe, Senior Researcher, Lifeline Publications, Manchester</i></p>
B6 Bourg	<p><b>Peer to peer</b>            Chair: <i>Danny Morris, Development Manager, Drug Services, Herefordshire PCT and Independent Trainer and Consultant</i></p> <ol style="list-style-type: none"> <li><b>The Kirklees peer education programme</b>  <i>Pete Hoey, Planning Development Officer (Substance Use and Diversity), Kirklees Safer Communities Service, Huddersfield</i></li> <li><b>Peer to peer: reducing harm – aiding recovery</b>  <i>David Yates, Learning and Development Manager and Keith Jennings, Substance Misuse Trainer, Lighthouse Project, Bootle</i></li> <li><b>Evaluation of Liverpool peer to peer project 2008/2009</b>  <i>Simon Russell, Research Assistant, Centre for Public Health, Liverpool John Moores University</i></li> </ol>
B2 Muscadet	<p><b>Alcohol, detox and initiation into injecting</b>            Chair: <i>Dima Abdulrahim, Senior Researcher, National Treatment Agency</i></p> <ol style="list-style-type: none"> <li><b>Evaluation of the independence initiative 1-2-1 detoxification programme pilot</b>  <i>Claire Shaw, Researcher, Centre for Public Health, Liverpool John Moores University</i></li> <li><b>Evaluation of Liverpool's criminal justice alcohol treatment pilot</b>  <i>Helen Baldwin, Researcher, Substance Misuse, Centre for Public Health, Liverpool John Moores University</i></li> <li><b>Break the cycle – evaluation of the effectiveness of the 'questionnaire tool' as a brief intervention designed to raise awareness of participants towards initiation into injecting</b>  <i>Simon Pringle, Drugs Worker (Outreach), Drugs Action, Aberdeen</i></li> </ol>
D2 Mouton Cadet	<p><b>Women only drugs services: improving treatment outcomes for female drug users</b>  <i>April Wareham, Service User Advocate, London</i></p>
D3 Fronsac	<p><b>Anxiety disorders, nursing and care planning</b></p> <ol style="list-style-type: none"> <li><b>Taking the anxiety out of addiction: the importance of recognising and treating anxiety disorders in addiction clients</b>  <i>Fraser Shaw, Consultant Psychiatrist, Glasgow Addiction Services</i></li> <li><b>Drug use; is this my job? A nurses' role</b>  <i>May Baker, Senior Lecturer, Liverpool John Moores University</i></li> <li><b>Care planning to improve retention</b>  <i>Paul Wells, Substance Misuse Lead, Coventry</i></li> </ol>
D5 Talbot	<p><b>How recovery orientated are you? Supporting staff and service to promote recovery</b>  <i>Marion Logan, Operations Manager, STRADA, University of Glasgow and Jackie Johnston, Service Manager, Signpost Recovery.</i></p>

# Floor plan



## Exhibition stands

- |                                   |   |                            |
|-----------------------------------|---|----------------------------|
| 1 Exchange Supplies publications  | 10 DrugTrain  | 18 University of Leicester |
| 2 Exchange Supplies   never@share | 11 Harm Reduction Solutions   | 19 Drugscope               |
| 3 Hep C Resource Centre           | 12 RCGP   | 20 Frontier                |
| 4 ILLY Computer Systems           | 13 Lifeline   | 21 National Users Network  |
| 5 Bliethe Computer Systems        | 14 Boots  | 22 DDN                     |
| 6 Cygnet Health Care              | 15 Release  | 23 NHS Innovations North   |
| 7 Concateno                       | 16 KCA  | 24 CPA                     |
| 8 NTA / Harm Reduction Works      |   | 25 Martindale Pharma       |
| 9 Methameasure                    | 17  Schering-Plough<br>Main Conference Sponsor | 26 IHRA                    |
|                                   |   | 27 NA                      |

 Exhibitors

 Poster presentations

 Food, tea/coffee

(XX) Room capacities